**Cisgender Privilege Checklist**

Fill in the bubbles for each statement that is true for you! This is private, so try to be honest.

* I never worry that someone will harass or bully me for the bathroom that I use.
* I have never felt pressured to be a gender that I am not.
* I’ve never worried about showing someone my ID because the gender marker is different from the gender I identify as. (Example: “M” for male, “F” for female on a passport.)
* I’m never asked about what surgeries I’ve had to be my gender identity.
* I’m never asked if I take medication to “look like” my gender identity.
* I have almost never been called the wrong pronouns in public. (Example: A cashier calling you “Sir” when you are a girl, or a teacher referring to you as “she” when you are a boy, etc.)
* I don’t avoid activities that involve me having to use a public change room.
* I have never been told that I was confused for knowing what gender I was. (Example: “Are you SURE you’re a guy?”)
* I have never heard a politician, influencer or someone on the news say that people like me are sick, mentally ill, or untrustworthy because of our gender identities.
* I have never heard a politician, influencer or someone on the news argue that people like me deserve fewer rights because of our gender identities.
* I have never heard a politician, influencer or someone on the news argue that people like me should not be able to make choices about our bodies because of our gender identities.
* I’m not expected to constantly defend my gender identity to other people to be respected.
* I have never worried that I would be kicked out of the house because of my gender identity.
* I have never worried that I would be kicked off a team, club or out of a circle of friends because of my gender identity.
* I don’t need to “come out” to my friends and loved ones about what gender I am.
* I don’t worry about being harassed by strangers in public for dressing, acting and speaking like a boy or like a girl.
* I have never missed a family celebration because my gender identity was not accepted by one or more people in attendance.
* I have a lot of role models in my life and in media to look up to who have the same gender experience of their gender as me (Example: Family members, celebrities, teachers, coaches, etc.)
* I have never tried to hide my gender to keep myself safe from bullying, harassment and rejection.
* I have never had a family member, friend, teacher or boss refuse to call me by my name because of my gender identity.
* I have never worried that my crushes or people I date would reject me because of my gender identity.
* I am identified by my talents rather than what my gender identity is. (Example: “She’s an athlete.” Instead of “She’s a trans athlete.”)
* A doctor has never refused to treat me because of my gender identity.

How did that go? What did you think about as you were doing this activity? Did anything stick out to you?

What is one thing you take with you from this activity?